The Neuroscientist Who Lost Her Mind

Barbara K. Lipska 2018-04-03 As a deadly cancer spread inside her brain, leading neuroscientist Barbara Lipska was plunged into madness—to only survive with her memories intact. In the tradition of My Stroke of Insight and Brain on Fire, this powerful memoir recounts her ordeal and explains its unforgettable lessons about the brain and mind.

North Warren, a cruel and heartbreaking misfortune. They are the perfect couple, loving, in love, and living the American dream. Their son’s devastating diagnosis turns their life into memories are gone and she has no idea how she came to be connected to a drip in a windowless, white room that’s hauntingly familiar. The doctors say she is sick, and on. The fruit of working through each quality or method is a refined soul and a strong and open heart.

The Righteous Mind

Jonathan Sacks 2007-02-06 One of the most respected religious thinkers of our time makes an impassioned plea for the return of religion to its true purpose—as a partnership with God in the work of ethical and moral living. What are our duties to others, to society, and to humanity? How do we live a meaningful life in an age of global univalence and insecurity? To Heal a Fractured World, Rabbi Jonathan Sacks offers answers to these questions by looking at the ethics of responsibility in his signature plain-spoken, accessible style. Rabbi Sacks shares with us traditional interpretations of the Bible, Jewish law, and theology, as well as his own thoughts on the need to reconnect with the spiritual, which is the root of responsibility. The book is organized around the seven virtues, in a world.

Eloise Rapp Black 2018-01-17 An often beautiful journal of a book...Black’s power as a writer means she can take us to her place that now compels us to go with. —The New York Times Book Review (Editors’ Choice) From the New York Times bestselling author of The Still Point of the Turning World comes a deeply affecting novel that reminds us of the infinite complexity and power of the human heart.

Evvie Drake Starts Over

Samantha Haigh 2016-04-05 Evvie’s life is a blank page, except for her best friend, Andy, who thinks grief keeps her locked inside, and she doesn’t correct them. In one word: love. In another: family. And one more: hope. In New York, Dean Tenney, former major-league pitcher and Andy’s childhood friend, is struggling with a case of the “yips”: he can’t throw straight anymore, and he can’t figure out why. An invitation from Andy to stay in Maine for a few months as her father’s caretaker seems like the perfect escape. But when Dean moves into an apartment at the back of Evvie’s house, the two make a deal: Dean won’t ask about Evvie’s ex-husband, and Evvie won’t ask about Dean’s baseball career. Rules, though, have a funny way of being broken—and what starts as an unexpected friendship turns somethin."}

Fractured Facade

Michael Erin McGlynn 2018-01-17 Fiction, The Book of My Lives is simply indispensable; for the uninitiated, it is the perfect introduction to one of the great writers of our time.A Kirkus Reviews Best Book of the Year

Poems from a Fractured Mind

Matthew Earl 2016-01-11 A collection of self penned poems written with regards to my abusive childhood, suicide attempts and battle with depression

Sanctuary

Akwaeke Emezi 2018-02-13 A National Book Foundation “5 Under 35” Honoree Finalist for the PEN/Hemingway Award for a Debut Novel Shortlisted for the Guardian First Book Award 2018

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Switching Time – Richard Baer 2008-09-09 A psychiatrist describes his work with Karen Overhill, a patient complaining of acute depression who turned out to have been a victim of horrific childhood sexual abuse and who to survive had developed seventeen distinct and separate personalities, and his challenging efforts to reunite the separate selves into a whole person. Reprint. 50,000 first printing.

Fractured Diamond – Jane Blythe 2020-06-01 Betrayed. Sold. Tortured. Now she’s fighting to rebuild her life. Diamond Hawthorne was always the quiet girl—the shy one. Her ordeal at the hands of human traffickers left her more reserved, expressing through her paintings what she cannot put into words. She took the biggest risk of her life when she let Detective Elijah Newton know she was interested in him, but he didn’t return her feelings. Elijah’s life was turned upside down in a way he could never have expected, and although he has feelings for Diamond, there is no way he’s going to drag her into the mess his life has become. Until late forna his hand. When someone starts using Diamond’s paintings as inspiration to commit murder, there isn’t anything he won’t do to keep her safe, including tell her his biggest secret.

Trigger warning - mature content, issues of sexual assault/abuse, violence – FRACUTRED DIAMOND is the third book in the Broken Gem series by USA Today bestselling author Jane Blythe. Murder, mystery, suspense, and love in this thrilling romantic suspense! Each book in the series can be read as a standalone but reading in order is encouraged, a guaranteed REA! Other books in the series Cracked Sapphire - Sapphire and Gable's story Crushed Ruby - Ruby and Judah's story Fractured Diamond - Diamond and Elijah's story Shattered Amethyst - Amethyst and Zola's story Splintered Emerald - Emerald and Noah's story Salvaging Marigold - Marigold and Jonah's story

My Life Among the Serial Killers – Dr. Helen Morrison 2009-10-13 Over the course of twenty-five years, Dr. Helen Morrison has profiled more than eighty serial killers around the world. What she learned about them will shatter every assumption you've ever had about the most notorious criminals known to man. Based on her appearances, Dr. Helen Morrison has an ordinary life in the suburbs of a major city. She has a physician husband, two children, and a thriving psychiatric clinic. But her life is much more than that. She is one of the country's leading experts on serial killers, and has spent as many as four hundred hours alone in a room with depressed murderers, digging deep into killer's psyches in ways no profiler before has. In My Life Among the Serial Killers, Dr. Morrison relates how she profiled the Mad Biter, Richard Otto Maroh, who chose on her victims' body parts, stalked Dr. Morrison, then believed she was his wife. She did the last interview with Ed Gein, who was the inspiration for Alfred Hitchcock's Psycho. John Wayne Gacy, the clown-obsessed killer of young men, sent her crazed Christmas cards and gave her his paintings as presents. Then there was Atlanta child killer Wayne Williams, rapist turned murderer Shelly Joe Long, England's Fred and Rosemary West, who killed girls and women in their "House of Horrors", and Brazil's deadliest killer of children, Marcelo Costa de Andrade. Dr. Morrison has received hundreds of letters from killers, read their diaries and journals, evaluated criminal scenes, testifed at their trials, and studied photos of the gruesome carcasses. She has interviewed the families of the victims -- and the spouses and parents of the killers -- to gain a deeper understanding of the killer's environment and the public persona he adopts. She has also studied serial killers throughout history and shows how this is not a recent phenomenon with psychological autopsies of the fifteenth-century French war hero Gilles de Rais, the sixteenth-century Hungarian Countess Bathory, H. H. Holmes of the late nineteenth century, and Albert Fisch of the Twentyeenths. Through it all, Dr. Morrison has been on a mission to discover the reasons why serial killers are compelled to murder, how they choose their victims, and what we can do to prevent their crimes in the future. Her provocative conclusions will stun you.

A Fractured Light – Jocelyn Davies 2013-08-27 When Skye wakes up in unfamiliar surroundings, she knows something terrible has happened. But it's not until she hears Asher's voice that the memories come rushing back. She struggles to put the past behind her but knows she'll be haunted by the betrayal that almost took her life. Skye returns home, but nothing is the same. As she tests the limits of her powers, Skye discovers that her abilities are stronger than anyone could have imagined. Now both the Order and the Rebellions want her for their side as an inevitable war looms between factions. Skye can't get past the terrifying truth she knows about the Order, yet something is holding her back from siding with the Rebellion. With Dark and Light vying for her allegiance, which will Skye turn toward?

Scattered Minds – Gabor Maté 2011-07-27 In this breakthrough guide to understanding, treating, and healing Attention Deficit Disorder, Dr. Gabor Maté, an adult with ADHD and the father of three ADD children, shares information on: The external factors that trigger ADHD - How to create an environment that promotes health and healing - Rituals and other drugs - ADD adults... and much more. Attention Deficit Disorder (ADD) has remained a controversial topic in recent years. Whereas other books on the subject describe the condition as inherited, Dr. Maté believes that our social and environmental experiences play a key role in both the cause and cure of this condition. In Scattered, he describes the painful realities of ADHD and its effect on children as well as on career and social paths in adults. While acknowledging that medications may indeed play a part in predisposing a person toward ADD, Dr. Maté moves beyond that to focus on the things we can control: changes in environment, family dynamics, and parenting choice. He draws heavily on his own experience with the disorder, as both an ADHD sufferer and the parent of three diagnosed children. Providing this thorough overview of ADHD and its treatments, Scattered Minds is essential and life-changing reading for the millions of ADD sufferers in North America today.

The Jetsetters – Amanda Ewy 2021-03-30 NEW YORK TIMES BESTSELLER! Reese’s Book Club x Hello Sunshine Book Pick * Named One of the Best Beach Reads of 2020 by Parade, O: The Oprah Magazine, and Good Housekeeping* The embattled activity aboard the Splendido Marveloso is no match for the fireworks set off as the lies explode. Full of wicked humor and delicious destination details. “People (Book of the Week) When seventy-year-old Charlotte Perkins submits a sexy essay to the Become a Jetsetter contest, she dreams of reuniting her estranged children: Lee, an almost-famous actress; Cord, a handsome Manhattan venture capitalist who can’t seem to find a partner; and Reen, a married mother who took it all wrong when Charlotte bought her a Wighty Watches gift certificate for her birthday. Charlotte yearns for the years when her children were young, when she was a single mother who meant everything to them. When she wins the contest, the family packs their baggage—from literal and figurative—and spends ten days traveling from sun-drenched Athens through glorious Rome to sassy-laden Barcelona on an over- the-top cruise ship, the Splendido Marveloso. As lovers new and old join the adventure, long-buried secrets are revealed and old wounds are reopened, forcing the Perkins family to confront the forces that drove them apart and the defining choices of their lives. Can four lost adults find the peace they’ve been seeking by reconciling their childhood ache and coming back together? In the vein of The Nest and The Vacationers, The Jetsetters is a delicious and intelligent novel about the courage it takes to reveal our true selves, the pleasures and perils of family, and how we navigate the seas of adulthood.

Fractured Catherine McKenzie 2016-10-04 "Welcome, neighbor!" Julie Prentice and her family move across the country to the idyllic Mount Adams district of Cincinnati, hoping to evacuate the stalker who’s been terrorizing them ever since the publication of her bestselling novel, The Murder Game. Since Julie doesn’t know anyone in her new town, when she meets her new neighbor John Dunbar, their instant connection brings measured hope for a new beginning. But she never imagines that a simple, benign conversation with him could set her life spinning off course altogether. "We know where you live. " A series of misunderstandings, Julie and her family become the target of increasingly unsettling harassment. Has Julie a stalker found her, or are her neighbors out to get her, too? As tension in the neighborhood rises, new friends turn into enemies, and the results are deadly.

Ordinary Hazards – Nikki Grimes 2020-05-19 A Michael L. Printz Honor Book A Robert F. Sibert Informational Honor Book A Boston Globe/Horn Book Nonfiction Honor Book Arnold Adoff Poetry Award for Teens Six Starred Reviews -- ★Booklist ★BCCB ★The Horn Book ★Publishers Weekly ★School Library Journal ★Shelf Awareness A Booklist Best Book for Youth * A BBCB Blue Ribbon * A Horn Book Fanfare Book * A Shelf Awareness Best Children’s Book * Recommended on NPR’s “Morning Edition” by Kwame Alexander “This powerful story, told with the music of poetry and the blade of truth, will help your heart grow. “ Laura Math Anderson, author of Speak and Shout “[A] testimony and a triumph. “ Jason Reynolds, author of Long Way Down In her own voice, acclaimed author and poet Nikki Grimes explores the truth of a harrowing childhood in a compelling and moving memoir in verse. Growing up with a mother suffering from paranoid schizophrenia and a mostly absent father, Nikki Grimes found herself terrorized by babysitters, shunted from foster family to foster family, and preyed upon by those she trusted. At the age of six, she poured her pain onto a piece of paper late one night - and discovered the magic and impact of writing. For many years, Nikki’s notebooks were her most enduring companions. In this accessible and inspiring memoir that will resonate with young readers and adults alike, Nikki shows how the power of those words helped her conquer the hazards - ordinary and extraordinary - of her life.

Train Your Brain – Paul Hammerness 2020-03-05 IF YOU’VE EVER LOST YOUR KEYS, MISSED AN APPOINTMENT OR BEEN DISTRACTED BY A PREVIOUS EMAIL, THEN THIS BOOK IS FOR YOU. The key to a less hectic, more stressless life is not in simply organizing your desk, but organizing your mind. Dr. Paul Hammerness, a Harvard Medical School psychiatrist, describes the latest neuroscience research on the brain’s extraordinary built-in system of organization. Margaret Moore, an executive who translates the science of brain training into strategies that maximize organizational power of your brain to make your life less stressful and more productive and rewarding. You’ll learn how to: ReGain control of your frenzy Embrace effective uni-tasking (because multitasking doesn’t work) Fluidly shift from one task to another Use your creativity to connect the dots This groundbreaking guide is complete with stories of people who have learned to stop feeling powerless against distracting stimuli and start organizing their lives by organizing their minds.

Discovering Your Soul Signature – Panache Desai 2014-04-29 An invitation to change the energy that surrounds you, and find the harmony that comes with self-acceptance, and, in the process, discover your life’s purpose and the boundless possibilities that await you. Your soul signature is your spiritual DNA—it is who you are at your core, the most authentic part of you, your singular contribution to this world. And yet we reject our authentic selves. We allow our soul signature to become blocked by any number of emotional obstacles that lie within our path: anger, fear, guilt, shame, sadness, despair. Or any of all these feelings overtake us and create a density, a heaviness that doesn’t permit us to embrace who we truly are, deep inside. We are energetic beings, Panache Desai reminds us, and emotions are energy in motion. When we are blocked we feel uttermost, less than, unloved, incomplete. In Discovering Your Soul Signature, Panache invites us on a 33-day path of self-mastery—short passages to be read at dawn, noon, and night that are designed to dismantle the emotional barriers that holds us back and open up to changing our lives. Through this distilled, poetic, practical, and inspiring course, we invite you to live a life of authenticity, to rediscover purpose and passion, and to believe from our soul in the possibility of all things.